

The Walt Disney World Swan and Dolphin RECREATION ACTIVITIES

THROWBACK THURSDAY

Waterslide Opens

Dolphin - Grotto Pool

10am - 7pm

Swan Paddle Boat Rentals*

Dolphin - Cabana Beach Hut. Take a leisurely paddle boat ride around our lake while absorbing some sunshine, great views, and chances to see some of our local wildlife.

11am - 5:30pm

Hair Wraps*

Dolphin - Spring Pool Deck. Hair braiding and wrapping options, as well as a large selection of airbrushed and glitter tattoos.

11am - 5pm

Tye Dye T-Shirts*

Dolphin - Grotto Pool Deck. Join us on the pool deck for totally rad Tie Dye Craft!

11:30am - 12pm

Serenity Journey

Dolphin - Mandara Spa. Immerse yourself in a Mandara moment and escape to a temple of relaxation. Explore the interior gardens: our intimate Tea Garden, a unique sitting and sipping room; or the Meditation Garden and learn about our ongoing specials.

12pm - 1pm

Poolside BINGO*

Dolphin - Grotto Pool Deck. Join us on the pool deck for the chance to win today's jackpot of \$25 in resort credit or more and other great prizes!

12:30pm - 1pm

Throwback Thursday Pool Party!

Dolphin - Grotto Pool Deck. We've gone retro! Join us on the pool deck for some oldies but goodies.

1pm - 4:30pm

Cool Candy Stand*

Dolphin - Grotto Pool Deck. Nothing is more refreshing than a snow cone on a hot Florida day! Or create your own candy with our pucker powder station. Treat your taste buds with our colorful candy options.

1pm - 4pm

TV Tune Trivia

Dolphin - Grotto Pool Deck. It's time to grab your FRIENDS and get ready for some "wibbly wobbly timey wimey stuff" while you test your knowledge of Classic Popular TV shows from today and yesteryear.

1pm - 1:30pm

Pyramid Game Show

Dolphin - Grotto Pool Deck. Join us on the pool deck for a chance to win up to \$100 of resort credit by playing this classic word association game.

2pm - 3pm

Hurray for Hula Hooping

White Sand Beach. I scream you scream we all scream for hula hooping! Come on down to the beach and participate in some of our groovy hula challenges for your chance to win great prizes.

3pm - 3:30pm

Aqua Disco

Dolphin - Lap Pool. It's time to get down get down and work your groove thang ya ya. In this fun fitness class that is great for the whole family.

4pm - 5pm

Camp Dolphin Kids Club*

DISNEY CLASSICS - Come Celebrate the Classics!

Camp Dolphin - Dolphin Lower Level. From the iconic characters to the memorable movies, it will be a camp experience to remember. Activities can include Disney crafts and games followed by a Disney Classic movie.

5pm - 12am

Live Acoustic Guitar, Campfire, and S'mores*

White Sand Beach. Our nightly campfire is getting a little more cozy with a live guitar player singing some classic campfire sing-a-long songs and stories.

6pm - 8pm

Dancing Light Spectacular

Causeway. Join us on the causeway located between the hotels for a musical and light display designed to delight!

Sunset - 10pm

Cinema in the Sand

White Sand Beach. Join us after the sun goes down for this unique outdoor theater experience!

8pm - 10pm

Karaoke

Swan - Kimonos Lounge. Join us at Kimonos and come sing your heart out! *Adults only after 11pm.

9:30pm - Close

*Nominal fee charged for this activity. Outdoor activities are weather permitted. Activity schedule subject to change without notice.

DAILY HOURS

Pool Operating Hours	9a - 10p
Cabana Beach Hut	9a - 6p (Raft rentals, sunscreen and other pool supplies)
Health Clubs	Swan 6a - 9p Dolphin 24 hours
Sports Equipment Rentals	9a - 6p (Cabana Beach Hut)
Tennis Courts	24 hours
Dolphin Game Room	6a - 11p
Mandara Spa	8a - 9p

CAMP DOLPHIN KIDS CLUB

Camp Dolphin offers fully supervised programs, including arts, crafts, movies, games, and nightly themed activities. **Reservations required. Dinner optional.**

PADDLE BOATS

Swan Paddle Boats are available for rent from 11am - 5:30pm. Please visit the Cabana Beach Hut for rates and rentals.

GOLF

Preferred tee times available on Disney's 3 championship golf courses, or our 9-hole family friendly walking course. Please call **407-WDW-GOLF** for times and information.

CAMPFIRE AND S'MORES

Join us on our white sand beach while we sit by the fire and roast some marshmallows or even good ol' fashioned s'mores. Weather permitting.

TENNIS, BASKETBALL & JOGGING TRAIL

A Basketball court, 4 lighted tennis courts and our 3 mile jogging trail are available. Equipment is available at the Cabana Beach Hut between 9am - 6pm. Jogging Maps are available at the Dolphin Health Club.

runConcierge

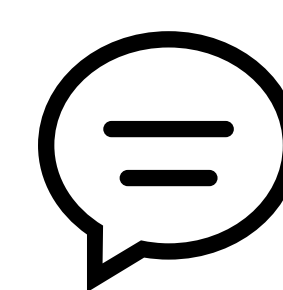
Need a running buddy? Call our runConcierge to set up a complimentary appointment and take a tour of our beautiful resort running trails. Dial ext. 4206 to schedule your next run.

HAIR WRAPS

We are pleased to offer a variety of hair braiding and hair wrapping options, as well as a large selection of airbrushed and glitter tattoos.

ADULT KARAOKE

Here's some late night fun for the adults! Join us at Kimonos in the Swan and come sing your heart out! *Adults only after 11pm.



Questions? Requests?
Text us between
7am - 11pm
407-545-6865

PARENT'S NIGHT OUT!

Receive Two Complimentary Hours At Camp Dolphin*

For kids ages 4-12 while you enjoy an evening out! This supervised activity center features games, crafts, and a movie. Dinner optional.

Open nightly, 5 pm - 12 am.

Space is limited. For additional information and reservations, please dial **extension 0**.

*Receive two complimentary hours at Camp Dolphin when dining at Todd English's bluezoo, Shula's Steak House or Il Mulino New York Trattoria.