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**WALT DISNEY WORLD SWAN AND DOLPHIN RESORT SHOWCASES THE FINEST  
IN ASIAN DÉCOR AND ASIAN-INSPIRED TREATMENTS WITH MANDARA SPA**

**LAKE BUENA VISTA, Fla.** – The Mandara Spa at the Walt Disney World Swan and Dolphin Resort offers guests a fresh and original setting where guests can indulge in world-class pampering and beauty services.

Located in the Walt Disney World Dolphin Resort, this 12,000–square-foot, ancient Asian-inspired retreat showcases an impressive look and feel of its own. A highlight of the spa’s services is Mandara’s signature Balinese massage, an eclectic variation of the traditional Swedish massage developed in Bali, which incorporates stretching, vigorous yet relaxing movements and elements of shiatsu. All of the spa’s offerings reflect the beauty, spirit and traditions of ancient times, along with the soul and ritual of Asian culture.

The spa includes 13 treatment rooms, including two couples suites; a steam room in designated male and female locker areas; a tea garden and meditation garden, featuring lakefront views and balconies, and a sophisticated nail and hair salon. The spa uses noted body products, Elemis and La Therapie, both highly regarded worldwide.

The spa’s breathtaking Balinese-inspired design was brought to life by local interior designer Lori Rapport. Rapport’s extensive expertise in spa design creates an environment of unparalleled perfection, emanating serenity, calm and tranquility.

As a tribute to the intricate art and architecture of ancient Bali, the décor has been specially crafted to reflect contemporary Balinese handiwork. The tea garden is a hand-carved replica of a traditional Balinese bale, a thatched-roof open pavilion used for relaxation. The interior wall of this structure is flanked by contiguous seating, providing a restful relaxation area for guests to occupy in between services.

The meditation garden is customized to provide the most serene atmosphere, featuring a 25-foot Meru sculpture centerpiece (similar to a pagoda), surrounded by stone lanterns and thematic rock gardens. The meditation garden at the Mandara spa is the only spa in the country to feature an authentic Meru temple. Guests can indulge in a selection of teas, mini facials and other “mini” services while relaxing in this area. The entire facility is designed in the truest Balinese style, including the trim work throughout the spa, which was hand-carved in Bali. Mandara Spa is another symbol of architectural achievement at the resort and an attractive facility for guests to enjoy.

**About the *Walt Disney World Swan and Dolphin***

In the heart of the Walt Disney World Resort, the award-winning Walt Disney World Swan and Dolphin resides amongst the greatest theme parks and attractions in Central Florida. The complex is located between *EPCOT* and *Disney's Hollywood Studios*, and nearby *Disney's Animal Kingdom* Theme Park and *Magic Kingdom* Park. Guests can discover 22 world-class restaurants and lounges, sophisticated guest rooms and the luxurious Mandara Spa. The resort features six pools, three health clubs, nearby golf, complimentary transportation throughout the *Walt Disney World* Resort and early entry to all four theme parks daily and extended evening theme park hours on select nights in select theme parks. The newest addition, the 14-story Walt Disney World Swan Reserve, opened 2021 and offers an upscale, boutique atmosphere as well as 149 suites ideal for families and two presidential suites. For more information, visit [www.swandolphin.com](http://www.swandolphin.com).

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