

# Eggs

## Healthy Start 22

Egg White Omelet, Roasted Kale,  
Avocado, Farmers Cheese, Pico de Gallo,  
Sliced Roasted Turkey Breast

## 3 Egg Omelet 23

With Your Choice Of:  
Ham, Bacon, Sausage, Chorizo, Smoked  
Salmon, Bell Peppers, Onion, Tomato,  
Baby Spinach, Cheddar Cheese,  
American Cheese, Pepper Jack Cheese

## The Reg 20

Two Eggs Any Style, Choice of Bacon,  
Sausage, or Brined Turkey Breast,  
Breakfast Potatoes, Toast

## Eggs Cheval 25

Two Fresh Farm Eggs Any Style,  
Seared Medallions of Angus Beef  
Tenderloin, Mushroom Medley,  
Sauce Béarnaise, House Breakfast Potatoes

## Fritatta 20

Baked Farm Egg Fritatta, Organic  
Spinach, New Potatoes, Wilted Onion,  
Iberico Chorizo

## Toasted Bagel Sandwich 16

Pan Fried Fresh Farm Egg, Thinly Sliced  
Smoked Ham, American Cheese, Organic  
Tomato, Dijonaise Spread

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## Breakfast Favorites

### Avocado Toast 20

Thick Cut Toasted Whole Grain Bread,  
Smashed Avocado, Sea Salt, Marinated  
Tomatoes, Served With Two Eggs Any Style

### Belgian Waffle 19

Crispy on the Outside, Soft on the  
Inside, Sweet Vanilla Butter, Maple  
Syrup, Mixed Berry Compote

### Warm Power Bowl 21

Quinoa, Two Eggs, Roasted Turkey  
Breast and Foraged Mushrooms

### Old Fashioned Rolled Oats 11

Almond Milk, Greek Yogurt  
and Seasonal Fruit

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## Fresh Pressed Juices

Pineapple Apricot Nectar  
Mango Orange Mint  
Concord Grape

9

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## Juices

Apple  
Grapefruit  
Cranberry  
Orange

4

