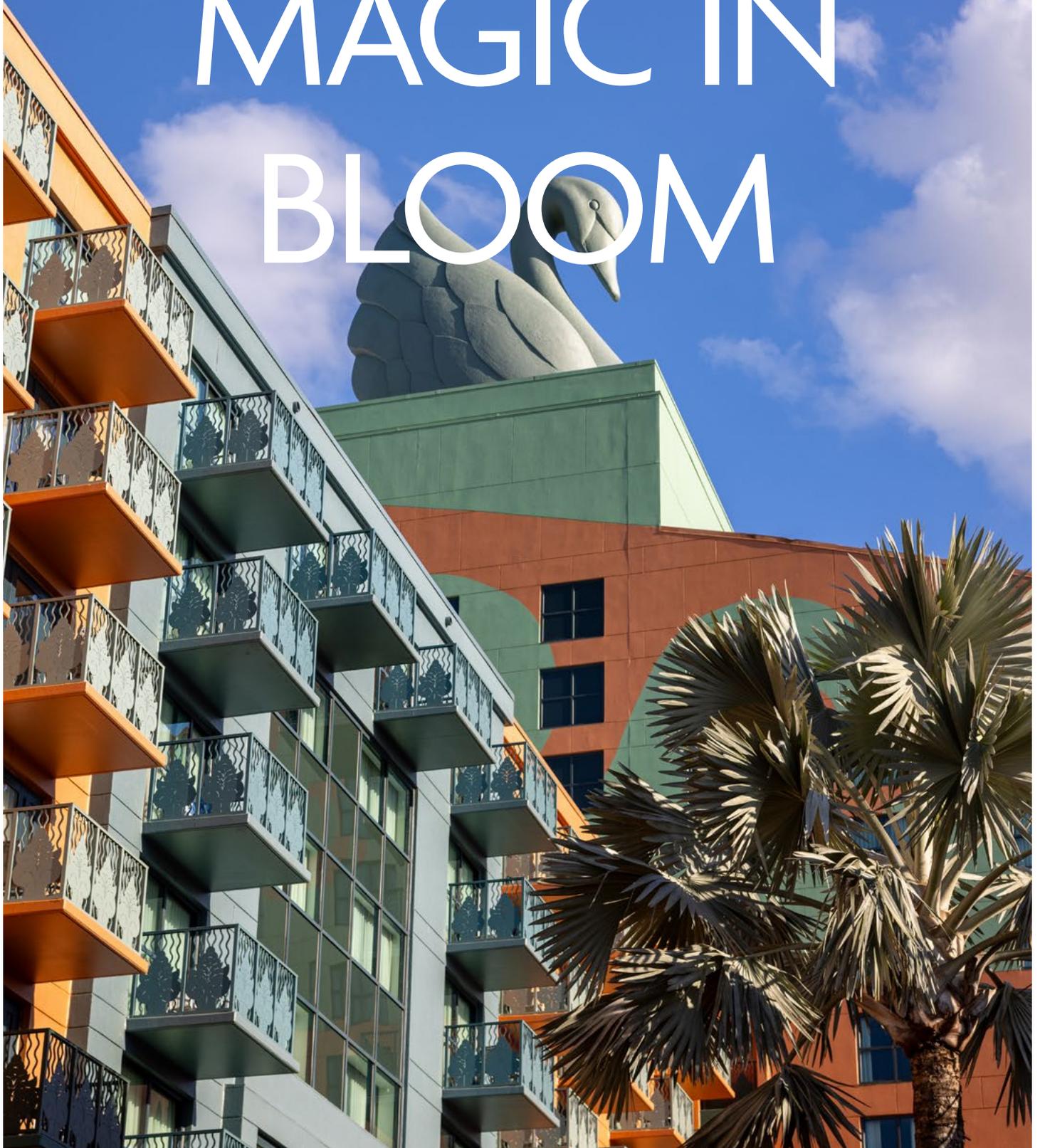


2026 SPRING GUIDE



WALT DISNEY WORLD
SWAN & DOLPHIN

MAGIC IN BLOOM





Where Relaxation Meets the Magic

Spring at the Walt Disney World Swan and Dolphin is where resort relaxation meets the magic of what is new at Walt Disney World. Just beyond our doors, guests can experience the debut of Zootopia: Better Zoogether!, the return of Disney Starlight: Dream the Night Away, the re-imagined Test Track, and the breathtaking Finding Nemo: The Big Blue... and Beyond!. Back at the resort, the fun continues with poolside drink specials under the Florida sun, Cinema on the Sand after dark, Camp Dolphin adventures for kids, and peaceful Swan Boat rides across Crescent Lake. It is the perfect season to explore, unwind, and let every day feel a little extraordinary.





A taste of everything



MEDITERRANEAN-INSPIRED

AMARE (SR)

Amare, which means “to love”, is a casual upscale venue inspired by the tastes and cultures of the Mediterranean region.

AMERICAN STEAK HOUSE

BOURBON STEAK (D)

Chef Michael Mina’s Bourbon Steak honors the small details of memorable meals, from perfect sears and tableside old-fashioned to shared sides and milestone moments, by balancing classic favorites with inventive flavors, creative cocktails, and local inspiration.



UPSCALE MEXICAN CUISINE

ROSA MEXICANO (D)

A fresh take on authentic Mexican cuisine, serving both beloved classics and sophisticated dishes in a stylish and festive atmosphere.

CLASSIC ITALIAN FARE

IL MULINO NEW YORK TRATTORIA (S)

Indulge in handmade pastas, artisan pizzas and so much more! Each bite evokes the skill and passion that has made Il Mulino iconic.



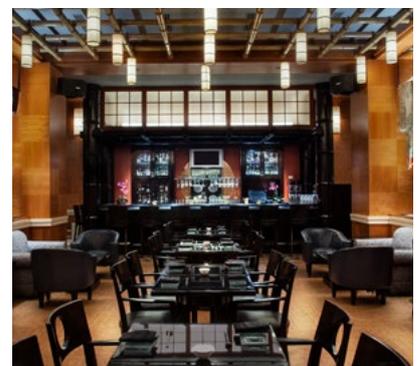
GLOBAL COASTAL SEAFOOD

TODD ENGLISH'S BLUEZOO (D)

Celebrity Chef Todd English combines the freshest seafood with coastal cuisines from around the world.

Happy Hour

2x Daily
4-6PM and 10-11PM



SUSHI & KARAOKE

KIMONOS (S)

Experience the art of sushi, in our authentic Japanese restaurant.



TROPICAL POOLSIDE BAR AND RESTAURANT

CABANA BAR AND BEACH CLUB (D)

Enjoy flatbreads, fish tacos, or an organic grass-fed burger poolside in a chic South-Beach-inspired setting just steps from the Dolphin lap pool. By day, savor appetizers, salads, and entrees under the outdoor Cabana Bar’s wispy drapes, and by night, unwind under fire torches and a glowing Onyx bar with signature cocktails and frozen drinks.

CASUAL POOLSIDE BITES

TANGERINE (SR)

Tangerine offers guests the opportunity to enjoy signature drinks poolside along with casual fare.

BOWLING, GAMES & EATS

LAGOON GAMES, LANES & EATS (D)

An exciting game room and arcade with bowling lanes, new food options, and more!



REFINED DRINKS AND BITES

STIR (SR)

Stir offers an airy, tropical feel in the lobby and serves specialty cocktails and light bites. Try Chef’s selection of handcrafted salamis of Spain & Italy and a Soppressata – red onion, torn mozzarella, San Marzano flatbread.



POOLSIDE SNACKS & DRINKS

SPLASH POOL BAR AND GRILL (S)

Just steps from our white sand beach, this playful poolside café is designed for guests who don’t want to leave the Florida sun for even a minute. Cabana’s Mobile Ordering menu serves up specialty salads, sandwiches, and other snacks as well as a variety of refreshing libations. Beer and wine are also available.



CRAFT COCKTAILS

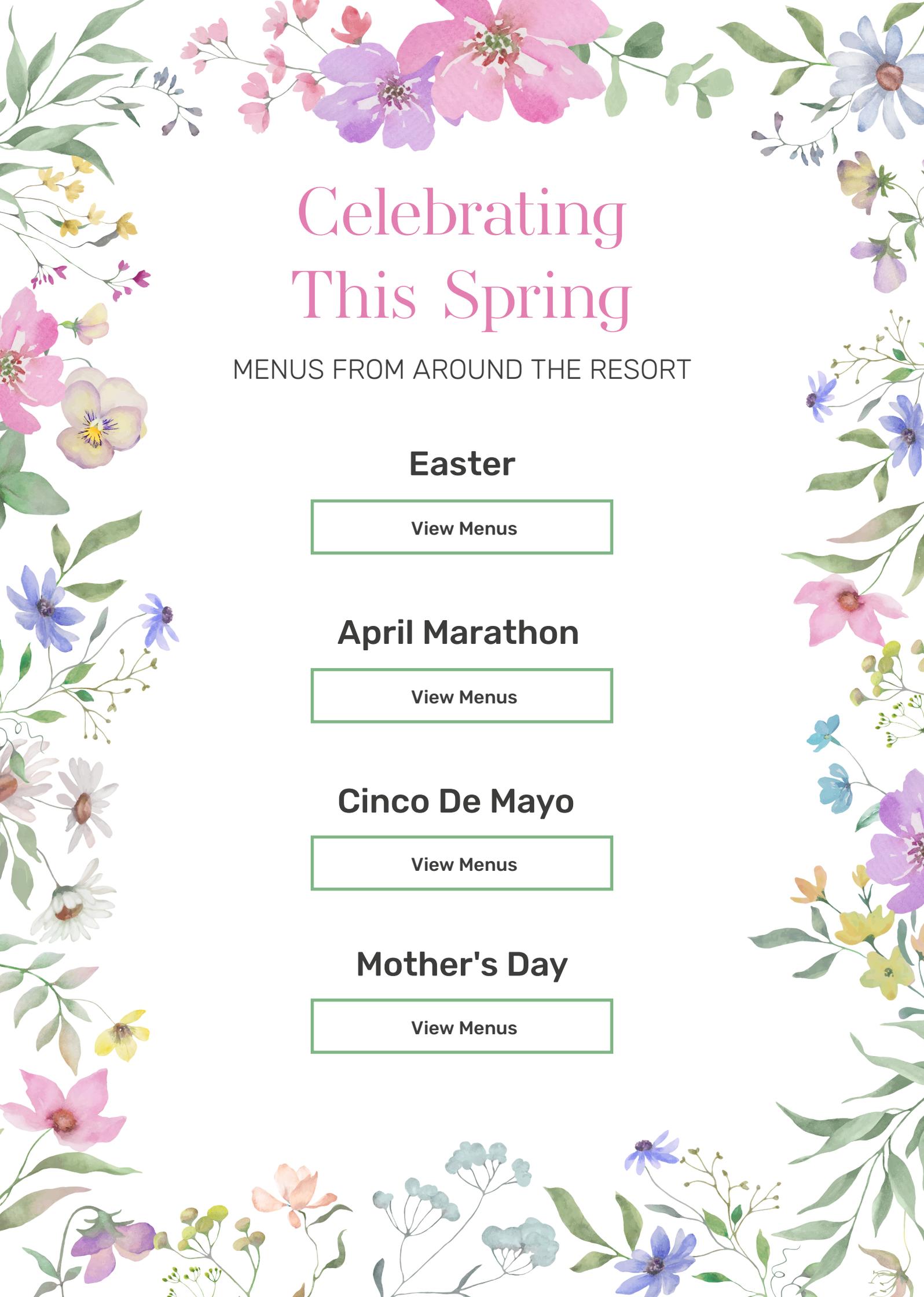
PHINS (D)

A contemporary lounge where you can sip on custom-crafted cocktails, vintage wine, or our very own Phins and Feathers beer.

AMERICAN BREAKFAST

GARDEN GROVE (S)

The centerpiece of this unique restaurant is a beautiful 25-foot oak tree, adorned with twinkling lights and paper lanterns, a true spectacle for diners. During the day, families can feast in the park-like atmosphere while bright sunlight from the restaurant’s tall windows illuminates the room.



Celebrating This Spring

MENUS FROM AROUND THE RESORT

Easter

[View Menus](#)

April Marathon

[View Menus](#)

Cinco De Mayo

[View Menus](#)

Mother's Day

[View Menus](#)



Cabanas & Daybeds

Relax by the pool in a private cabana! Walt Disney World Swan and Dolphin Poolside Cabanas include a HDTV, mini-refrigerator (stocked with soda and bottled water), relaxing furniture, seasonal fruit bowl, a lemon infused water tower, and more! Advance reservations are required.

[Book a Cabana](#)



March Drink Specials

Available at Cabana, Tangerine or Splash

6-7 APEROL

Aperol cocktail specials, promotions and merchandise giveaways

Tangerine
Cabana Bar & Beach Club
Splash Pool Bar & Grill

14-15 JAMESON

Jameson cocktail specials, promotions and merchandise giveaways

Tangerine
Cabana Bar & Beach Club
Splash Pool Bar & Grill

20-21 GRAND MARNIER

Grand Marnier cocktail specials, promotions and merchandise giveaways

Tangerine
Cabana Bar & Beach Club
Splash Pool Bar & Grill

11 WINE DINNER @ IL MULINO NEW YORK TRATTORIA

Five course menu with wine pairing hosted by Il Mulino New York Trattoria. Contact 407-934-1715 for more information.

17 ST. PATRICK'S DAY

Jameson cocktail specials, promotions and merchandise giveaways

Tangerine
Cabana Bar & Beach Club
Splash Pool Bar & Grill

27-28 STUDIO MIRAVAL ROSÉ

Studio Miraval Rosé specials, promotions and merchandise giveaways

Tangerine
Cabana Bar & Beach Club
Splash Pool Bar & Grill



Mocktails for the Kids

Collectible souvenir cup with children's seasonal non-alcoholic mocktail is available at:

Tangerine
Cabana Bar & Beach Club
Splash Pool Bar & Grill

March Activities

Dolphin - Poolside & White Sand Beach | Swan Reserve Poolside



ELECTRONIC DJ

FRIDAYS & SATURDAYS:
SWAN RESERVE POOLSIDE: 12PM - 4PM



CINEMA ON THE BEACH

STARTS AT DUSK



BRENA'S ARTS & ACTIVITIES

DAILY: 12PM - 4PM



CAMP DOLPHIN

DAILY - 3PM - 10 PM



WATER SLIDE

DAILY 10AM - DUSK



SWAN BOAT

DAILY: 11AM - 5PM



FUN TEAM CRAFT STATION

DAILY: 11AM - 5PM



OUTDOOR GAMES

DAILY 6AM - 8PM



S'MORES ON THE SHORE

STARTS AT DUSK

S'mores on the Shore, Cinema on the Beach, Swan Boats, and Fitness Classes are included in your resort service fee.



April Drink Specials

Available at Cabana, Tangerine or Splash

3-4 EASTER WEEKEND

Hoptini - Specialty Easter Cocktail
available complex-wide

Southern Comfort and Tito's cocktail specials,
promotions and merchandise giveaways

Tangerine
Cabana Bar & Beach Club
Splash Pool Bar & Grill

10-11 RNDC COMPLEX SPECIALS

Republic National Distribution Company is
hosting specials, promotions and merchandise
giveaways

Tangerine
Cabana Bar & Beach Club
Splash Pool Bar & Grill

17-18 TORRESELLA PROSECCO
HERITA USA Torresella Prosecco specials,
promotions and merchandise giveaways

Tangerine
Cabana Bar & Beach Club
Splash Pool Bar & Grill

24-25 LUXURY BRANDS: FLOR DE CAÑA RUM

Flor de Caña cocktail specials, promotions and
merchandise giveaways

Tangerine
Cabana Bar & Beach Club
Splash Pool Bar & Grill



Swan Boats

Glide on the Swan Boat around Crescent Lake for a peaceful waterborne adventure, taking in unique views of the Swan, Dolphin, and neighboring resorts. Best of all, it's included in your Resort Service Fee, so you can unwind on the water at no extra cost.

April Activities

Dolphin - Poolside & White Sand Beach | Swan Reserve Poolside



ELECTRONIC DJ

FRIDAYS & SATURDAYS:

SWAN RESERVE POOLSIDE: 12PM - 4PM



BRENA'S ARTS & ACTIVITIES

DAILY: 12PM - 4PM



WATER SLIDE

DAILY 10AM - DUSK



FUN TEAM CRAFT STATION

DAILY: 11AM - 5PM



S'MORES ON THE SHORE

STARTS AT DUSK



CINEMA ON THE BEACH

STARTS AT DUSK



CAMP DOLPHIN

DAILY - 3PM - 10 PM



SWAN BOAT

DAILY: 11AM - 5PM



OUTDOOR GAMES

DAILY 6AM - 8PM

S'mores on the Shore, Cinema on the Beach, Swan Boats, and Fitness Classes are included in your resort service fee.



Mocktails for the Kids

Collectible souvenir cup with children's seasonal non-alcoholic mocktail is available at:

Tangerine
Cabana Bar & Beach Club
Splash Pool Bar & Grill



May Activities

Dolphin - Poolside & White Sand Beach | Swan Reserve Poolside



ELECTRONIC DJ

FRIDAYS & SATURDAYS:

SWAN RESERVE POOLSIDE: 12PM - 4PM



BRENA'S ARTS & ACTIVITIES

DAILY: 12PM - 4PM



WATER SLIDE

DAILY 10AM - DUSK



FUN TEAM CRAFT STATION

DAILY: 11AM - 5PM



S'MORES ON THE SHORE

STARTS AT DUSK



CINEMA ON THE BEACH

STARTS AT DUSK



CAMP DOLPHIN

DAILY - 3PM - 10 PM



SWAN BOAT

DAILY: 11AM - 5PM



OUTDOOR GAMES

DAILY 6AM - 8PM

S'mores on the Shore, Cinema on the Beach, Swan Boats, and Fitness Classes are included in your resort service fee.



Lagoon Lanes, Games & Eats

Enjoy high-energy gaming—from the latest releases to timeless classics—and bowling lanes for all ages. Fuel the fun with gourmet snacks, hearty meals, and refreshing drinks without ever leaving the action.



May Drink Specials

Available at Cabana, Tangerine or Splash

1-2 PROXIMO

Proximo cocktail specials, promotions and merchandise giveaways

Tangerine
Cabana Bar & Beach Club
Splash Pool Bar & Grill

9-10 ASK YOUR MOTHER COCKTAIL SPECIAL COMPLEX-WIDE

Proximo cocktail specials, promotions and merchandise giveaways

Tangerine
Cabana Bar & Beach Club
Splash Pool Bar & Grill

15-16 PROXIMO

Proximo cocktail specials, promotions and merchandise giveaways

Tangerine
Cabana Bar & Beach Club
Splash Pool Bar & Grill

22-23 PROXIMO

Proximo cocktail specials, promotions and merchandise giveaways

Tangerine
Cabana Bar & Beach Club
Splash Pool Bar & Grill

24 APEROL & PROXIMO

Aperol and Proximo cocktail specials, promotions and merchandise giveaways

Tangerine
Cabana Bar & Beach Club
Splash Pool Bar & Grill

29-30 PROXIMO

Proximo cocktail specials, promotions and merchandise giveaways

Tangerine
Cabana Bar & Beach Club
Splash Pool Bar & Grill



Mocktails for the Kids

Collectible souvenir cup with children's seasonal non-alcoholic mocktail is available at:

Tangerine
Cabana Bar & Beach Club
Splash Pool Bar & Grill



©Disney

We can show you the world

Spring at the Walt Disney World Swan and Dolphin is your front-row seat to everything new and unforgettable across Walt Disney World. Step into the playful world of Zootopia: Better Zoogether! Be swept away by the wonder of Disney Starlight: Dream the Night Away, experience the thrill of the reimagined Test Track, and dive into the breathtaking Finding Nemo: The Big Blue... and Beyond!. Back at the resort, the magic continues with poolside drink specials, Cinema on the Sand under the stars, Camp Dolphin adventures for little explorers, and peaceful Swan Boat rides across Crescent Lake. From park thrills to resort moments, this season is made for discovery.

NEW AT ANIMAL KINGDOM

Zootopia: Better Zoogether!

The time has come for citizens from every biome in Zootopia to come together for fur-ocious fun in honor of Zoogether Day! From special performances across Zootopia to an epic musical finale, come ready to leap, laugh and let loose. It's the perfect way for your pack, pride or herd to celebrate how we are all better zoogether.





Finding Nemo: The Big Blue... and Beyond!

Based on Disney and Pixar's film Finding Nemo, this exciting stage show invites you to discover the familiar tale of Nemo and friends from a whole new point of view, as well as fan favorite songs such as "In the Big Blue World" and "Go with the Flow."

The adventure begins by catching up with the fish from Dr. P. Sherman's office in Finding Nemo who made their way across the ocean to the Marine Life Institute.

With live performers, animated backdrops and a theater decked out with innovative lighting, sound and special effects to create Nemo's undersea environment, this newly updated show takes you back to the extraordinary underwater world—all over again!

NOW OPEN!

Disney Starlight: Dream the Night Away

Find a sweet spot under the stars to watch Disney Starlight: Dream the Night Away—a shimmering processional inspired by the classic Main Street Electrical Parade. It's a star-kissed constellation of Disney dreams, brought to life by the magic of the Blue Fairy.

Watch as enchanting moments unfold from favorite Disney and Pixar stories such as Moana, Peter Pan, Encanto, Frozen, Pinocchio and more. It all happens along the parade route—from Main Street, U.S.A. to Frontierland.

Test Track

Get ready for an unforgettable joyride where the thrill of the open road meets the innovation of the future. As you zip past scenic vistas, discover how new technology is shaping the way we connect with each other and the world around us. Then, get a glimpse into the future of mobility and the cities of tomorrow before zooming off on an electrifying, high-speed race that will leave your imagination soaring.





EPCOT International Flower & Garden Festival

The EPCOT International Flower & Garden Festival (March 4 – June 1, 2026) is a springtime event featuring, breathtaking Disney character topiaries,, elaborate, themed garden displays, and 20+ Outdoor Kitchens offering fresh, seasonal, bites. The festival includes the Garden Rocks concert series, unique scavenger hunts, and educational exhibits, all included with park admission.

DAY GUEST TEE TIMES

Swing Into Disney Tee Times

Don't be Goofy, book your next round of golf here and now for the best available rates to play any of Walt Disney World® Resort's three championship courses; Disney's Magnolia, Palm and Lake Buena Vista, or alternatively, try our 9-hole walking course, Disney's Oak Trail. No booking fees will ever be assessed!

[Book Tee Times](#)





Extended Theme Park Hours

Early Theme Park Entry:

Guests of our resort can get a 30-minute jump on their Disney day with early theme park entry-available at all 4 Walt Disney World theme parks (including check-in and check-out days). This popular benefit will continue through 2026!

Extended Evening Hours Benefit:

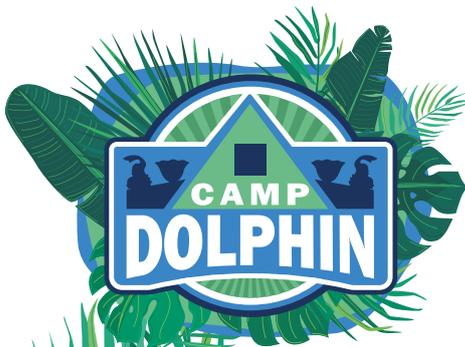
Our guests can enjoy extended evening hours on select nights in select theme parks when staying with us. Lines for the most popular attractions are drastically shorter allowing you to enjoy more of your favorite rides.

[Purchase Tickets](#)



Instructor Led Fitness Classes

| | | |
|-----------|-------------------------|--------------------------|
| MONDAY | Aqua Hit Fitness | 9AM SWAN LAP POOL DECK |
| TUESDAY | Zumba | 9AM SWAN LAP POOL |
| WEDNESDAY | Cardio Splash | 8AM SWAN LAP POOL |
| THURSDAY | Beach Yogalates | 9AM SWAN LAP POOL |
| FRIDAY | Beach Yoga | 8AM WHITE SAND BEACH |
| SATURDAY | Aqua Aerobics | 9AM SWAN LAP POOL |
| SUNDAY | Beach Yoga | 9AM WHITE SAND BEACH |



2 Hours of Complimentary Childcare

Dine at Todd English's Bluezoo, AMARE or Il Mulino New York Trattoria and receive two hours of complimentary childcare at Camp Dolphin—our exclusive kids' club for 5–12-year-olds with fully supervised programs, including arts, crafts, movies, board games, video games and nightly themed activities.



Camp Dolphin Reservations

[Book Now](#)



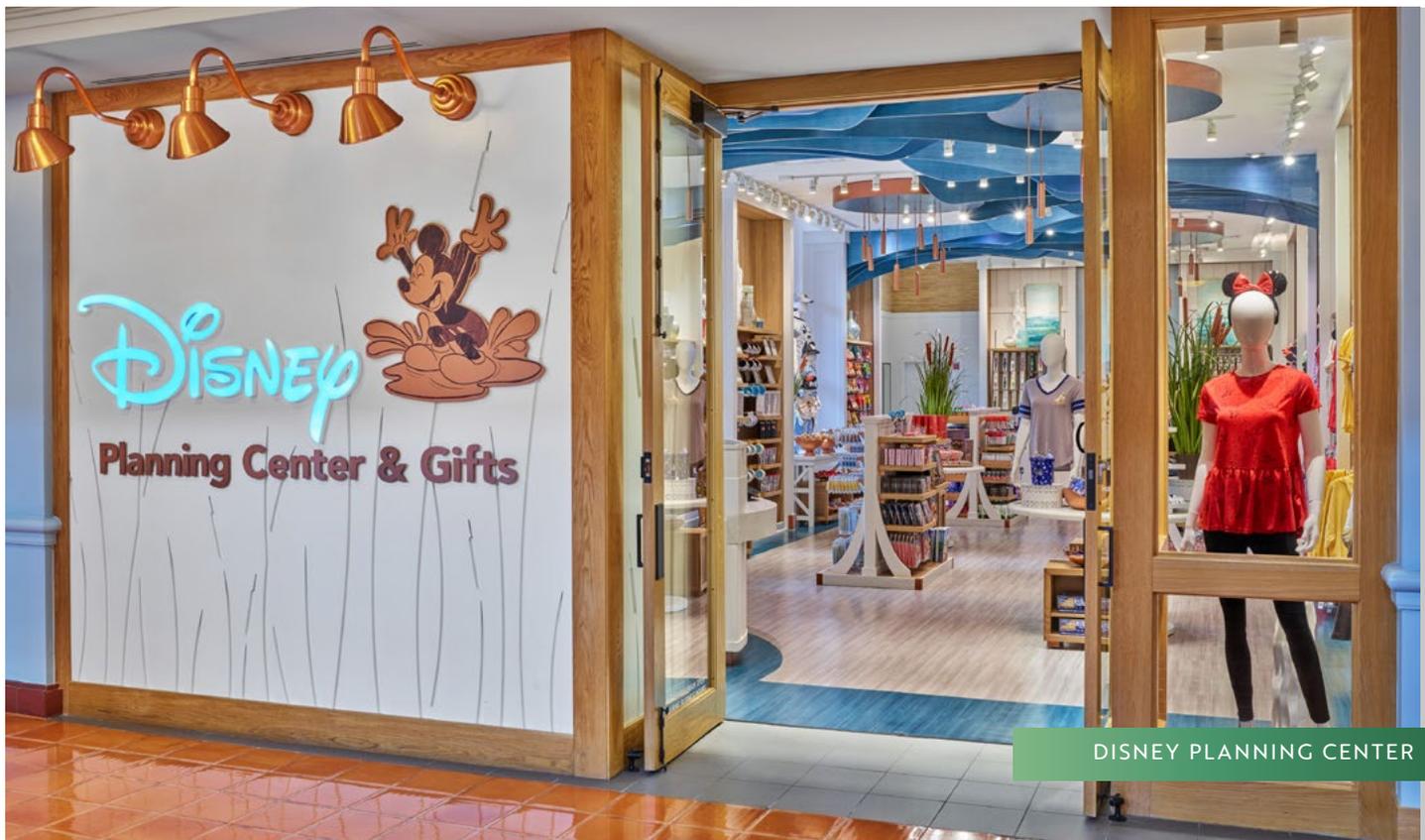
Shopping & Leisure



RESORT ESSENTIALS



WHITE SAND BEACH



DISNEY PLANNING CENTER



\$50
OFF

Spring Serenity

RELAX, RENEW AND RECHARGE
with \$50 off when you spend \$350 or
more on spa and salon services.



FOR RESERVATIONS, DIAL 4772 FROM ANY HOTEL
PHONE OR SCAN THE QR CODE TO BOOK ONLINE
AND ENTER PROMO CODE **SERENITY50**



MANDARA SPA

WALT DISNEY WORLD
SWAN AND DOLPHIN RESORT

Restrictions apply.

Book Spa Services

Valid through 8/31/26 in the U.S. and Caribbean only. Valid Monday through Thursday only; not valid on holidays. Must present this offer upon scheduling your appointment. Non-transferable. All guests must book and receive services the same day. Each guest must book a service of 30 minutes or longer to qualify for discount. Discounts are applied at checkout. Not valid on past purchases. A 20% service charge in lieu of gratuity will be automatically applied to the final bill. Spend threshold excludes products, gift cards, service charge, gratuity and taxes. Cannot be combined with other offers, discounts, packages, journeys, series, or vouchers. Not exchangeable for other services, cash, product, gift cards or credit. Not valid on past purchases. May be withdrawn without notice. Other restrictions may apply.

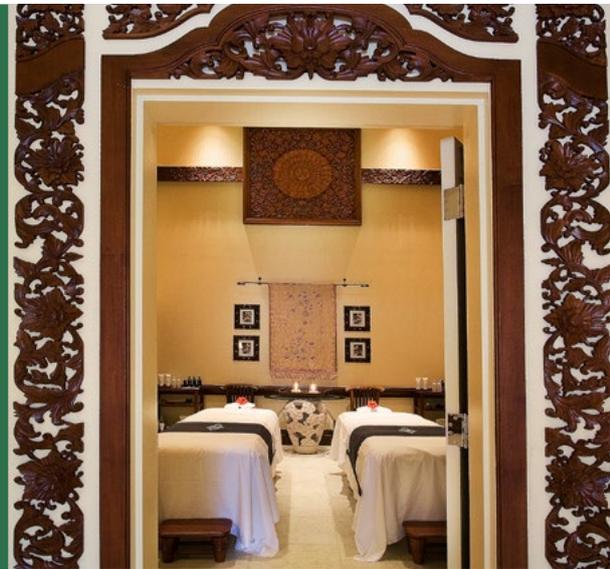
Massage & Body Treatments

Drift away with our signature Mandara Customized Massage, where skilled therapists blend deep-tissue techniques and aromatic Balinese oils to melt away tension from head to toe. For a truly tropical twist, try the Coconut Poultice Massage—perfectly warmed coconut compresses infuse vitamins E and K to nourish your skin while acupressure movements release knots and stress.



The perfect escape—
my body and mind
were completely
renewed.

SHELBY S.



Facials, Nails & Hair Rituals

Renew your glow with an Elemis Tri-Enzyme Resurfacing Facial, harnessing cutting-edge technology to reveal smoother, more radiant skin. Treat your hands and feet to a Fire & Ice Manicure & Pedicure, combining heated basalt stones and cooling gels for invigorated nails and soft, refreshed skin. Finish your pampering session with a Frangipani Hair & Scalp Ritual, where exotic Monoi oil melts away stress, leaving your hair silky and visibly healthy.

All services are designed to transport you beyond the parks—sip soothing tea in the Meditation Garden afterward and let your relaxation linger.